



## PSSA Information for Parents

The Primary Schools Sporting Association (PSSA) is an organised competition offered to students in Years 3 to 6 in order for them to gain the experience of high levelled competitive sport. There are more students wanting to play in PSSA team sports than there are positions in the various teams. As a result, schools have to go through a selection 'tryout' process. CPPS is in the Pittwater Zone which includes the following schools: Avalon, Newport, Bilgola, Mona Vale, Elanora, Narrabeen North, Narrabeen Lakes and Wheeler Heights. The games are played on a 'home and away' basis which takes many teams all over the peninsula.

There are two seasons; Summer Cycle and Winter Cycle.

The summer sports offered are; senior boys cricket, junior boys cricket, senior and junior girls cricket, senior and junior boys tag, senior and junior girls tag, junior boys and girls T-ball, senior boys and girls softball.

The winter sports offered are; senior and junior mixed AFL, senior and junior boys soccer, senior and junior girls soccer, senior and junior girls netball, senior and junior boys rugby league.

As a school we have two tryouts for each sport where possible and inform the students prior to each tryout. Due to weather restrictions this can be informed to students as late as the day before try outs, however we do try to inform in advance. These tryouts are usually during the first few weeks of Term 1 for the summer sports and the final few weeks in Term 1 for the winter sports.

During the tryouts, the students are asked to demonstrate their skill, sportsmanship and willingness to learn. The teachers set a variety of drills to ensure that they observe the students in game-like situations.

Once the team has been selected, the teacher will display the successful student names on his/her classroom door for students to check. Following this, there is a team meeting where the teacher will hand out any relevant information pertaining to their sport, permission notes, sports contract, parent code of conduct and a draw. Training days and times will also be decided at this meeting.

All teachers offer a one hour training session per week which will be held at either Plateau Park or on the school grounds. Some sports will need additional training sessions and teachers will inform students and parents of these extra times prior to the season commencing.

It's important to note that the teachers who coach these teams dedicate a considerable amount of time and energy to ensure the success of the PSSA program. They do so with no extra pay or conditions and are passionate about teaching students the skills and strategies to engage competitively in the chosen sports. We look forward to a great year of sporting achievements.

PSSA Team